

CAMP INFORMATION

EQUIPMENT Field players need to bring a stick, mouth-guard, goggles, and appropriate footwear. Goalies you must bring your own equipment.

FACILITIES Campers will be using Kirk Community Center's top notch facilities.

MEALS Water and Gatorade will be provided for campers. Any additional snacks must be brought by the camper.

CONFIRMATION AND RELEASE FORMS Upon completing registration, a confirmation with a medical release and health form will be sent via email. Please provide a parent's email address that is checked regularly. All forms must be properly filled out entirely and submitted in order to participate in any camp event.

REFUNDS: A non-refundable deposit of \$100.00 for each session will be kept regardless of if and when a cancellation is made. If you cancel for any reason 7 days or within 7 days of camp your entire balance is non-refundable.

CONTACT US

EMAIL: coach@stickwithitlacrosse.com

PHONE: 831-277-1857

WEBSITE: www.stickwithitlacrosse.com

STICK WITH IT!™
SAN JOSE—ELITE
P.O. Box 269
Walnut Creek, CA 94597

REGISTER ONLINE!
www.stickwithitlacrosse.com

STICK WITH IT! **ELITE** LACROSSE CAMP & GOALIE ACADEMY @ *Kirk* *Community* *Center*



Where Women Rule The Field™

JULY 20 - JULY 23

CAMP APPLICATION

Name _____
 Address _____
 City/State/Zip _____
 E-mail Address _____
 Parent/Guardian _____
 Home # _____ Cell # _____
 Emergency Phone _____
 *You **MUST** be a member of US Lacrosse to participate. Please visit www.uslacrosse.org to join.
 U.S. Lacrosse Membership # _____
 U.S. Lacrosse Expiration Date _____

EXPERIENCE

Position: ___ Attack ___ Mid ___ Defense ___ Goalie
 Club Team _____
 School _____ Years of Exp.: _____
 Grade in Sept. 2009 _____ Birth Date _____ Age _____
 Highest Level: ___ JV ___ VARSITY
 T-Shirt Preference: ___ Small ___ Med ___ LG ___ XL

REGISTRATION

JULY 20 - JULY 23

(ENTERING Grades 9th-12th and freshman year of college and planning on playing)

ELITE CAMP
 3:30pm-5:30pm

_____ \$160.00

A non-refundable deposit of \$100.00 for each session will be kept regardless of if and when a cancellation is made. If you cancel for any reason 7 days or within 7 days of camp your entire balance is non-refundable.

COACHING STAFF

OWNER AND DIRECTOR, AMY MCCLEARY



- 2006 IFWLA Recognition Award
- World Cup Coach for Germany 2005 & 2001
- Division I Coach: University of Delaware, James Madison University, Univ. California-Berkeley
- Conducted clinics in Canada, England, Japan, Germany and throughout the U.S.
- Two time All-American Midfielder
- Competed in the International Friendship Games in Tokyo, Japan

ASSISTANT DIRECTOR, DENISE WESCOTT



- Head Coach at Mt. St. Mary's University (MD)
- International Development Committee
- 2007 NEC Coach of the Year
- 2006 Diane Geppi-Aikens Memorial Lifetime Achievement Award
- New Jersey and Delaware Hall of Fame
- Two Time World Cup Coach
- U.S. Developmental Coach and Selector
- University of Maryland Goalkeeper

COACH HILARY HARKINS



- Assistant Coach Davis High School
- U.S. Team Goalkeeper
- UC Davis Goalkeeper

STAFF: Additional staff will include former Division I players and top coaches in the country.

STICK WITH IT! CAMP

STICK WITH IT! will provide today's top players with a competitive, yet educational experience gained through game situations and one on one instruction. Players will run through Division I drills designed to develop vision and competency. All drills and games are specifically designed to prepare each camper for competition at the highest level. Campers must be entering grades 9-12 or entering freshman year of college and planning on playing.

ELITE CAMP is for the player who has a solid foundation of fundamentals including stick-work, conditioning, game sense, a drive to excel, and experience. These players will be pushed by an elite staff with the intent to get them to the next level of their game. Expectations are high and execution is the goal. Each day will include challenging drills, small sided situations, midfield transition both offensively and defensively, and full field scrimmaging.

GOALIE ACADEMY will be incorporated into camp and will be led by Coach Wescott, whose curriculum includes the latest methods in stance and technique, visual training, wall exercises, strategy, and incorporation into the defensive unit. Each goalie attending player sessions will participate in small sided situations and scrimmages, where the specific methods, techniques, and strategies can be applied and assessed. **Goalies must provide all of their own gear.**

OVERALL CURRICULUM · Individual and Group Instruction · Fundamental and Advanced Drills · Situational Experience · Small-Sided Games · Tournament Participation · Agilities · Vision Development



REGISTRATION

SIGN-UP ONLINE BY JUNE 15TH!
WWW.STICKWITHITLACROSSE.COM
LIMITED ENROLLMENT!

2009 STICK WITH IT!TM
Lacrosse Camps and Goalie Academy
San Jose

Medical Release and Emergency Contact Authorization Form

You will not be able to participate without submission of the Medical Release and Health History Forms.

NAME: _____ **BIRTHDATE:** _____
ADDRESS: _____ **PHONE:** _____

Dear parent/guardian: The medical consent and emergency contact authorization form is necessary for the health and well-being of your child/ward. Failure to complete and deliver this form on or before the day of competition will result in rejection of the tournament application.

I. CONSENT TO EMERGENCY MEDICAL TREATMENT

- A.** I hereby authorize and consent to emergency medical treatment for my child/ward while enrolled in the STICK WITH IT!TM Lacrosse Camps and Goalie Academy. The STICK WITH IT!TM Lacrosse Camps and Goalie Academy has my permission, in an emergency when I can not be contacted, to take my child/ward to the emergency ward of the nearest hospital, and the hospital and its medical staff have my authorization to provide treatment which a physician deems necessary for the well-being of my child/ward.
- B.** I hereby authorize and consent to non-emergency first-aid for my child/ward while enrolled as a participant in the STICK WITH IT!TM Lacrosse Camps and Goalie Academy, as deemed necessary by the staff of the STICK WITH IT!TM Lacrosse Camps and Goalie Academy.

Signature of Parent/Guardian: _____ **Date:** _____

II. AGREEMENT TO PARTICIPATE

I assure that you and your child/ward understand and accept the risk of participation in the STICK WITH IT!TM Lacrosse Camps and Goalie Academy, you must both sign the applicable sections below. Failure to complete this section will result in rejection of the application.

A. CAMPER AGREEMENT (to be signed by camp participants)

I understand that some of the STICK WITH IT!TM Lacrosse Camps and Goalie Academy activities could cause injury to me. I am willing to assume the risk. I also understand that the best way to make sure that I remain safe and avoid injury is to follow all instructions of the staff of STICK WITH IT!TM Lacrosse Camps and Goalie Academy. I agree that I will learn all the rules and regulations and will follow all instructions of the staff of STICK WITH IT!TM Lacrosse Camps and Goalie Academy.

Signature of Camper: _____ **Date:** _____

B. CAMPER AGREEMENT (to be signed by parent/guardian of all participants)

I agree to allow my child/ward to participate in the STICK WITH IT!TM Lacrosse Camps and Goalie Academy and affirm that my child's/ward's participation is completely voluntary. I understand that there are risks inherent in the activities of my child/ward will engage in at the STICK WITH IT!TM Lacrosse Camps and Goalie Academy, which may cause serious injury and even death. I also understand that, despite safety cautions, STICK WITH IT!TM Lacrosse Camps and Goalie Academy cannot guarantee that my child/ward will not be injured. My child/ward and I are willing to assume this risk. To minimize the risk, I have instructed my child/ward to obey all rules, regulations, and instructions of the staff of the STICK WITH IT!TM Lacrosse Camps and Goalie Academy. I acknowledge that STICK WITH IT!TM Lacrosse Camps and Goalie Academy can only accept responsibility of its own negligence or intentionally wrongful acts in connection with my child's/ward's participation in the STICK WITH IT!TM Lacrosse Camps and Goalie Academy and hereby release and hold harmless STICK WITH IT!TM, STICK WITH IT!TM Lacrosse, STICK WITH IT!TM Lacrosse Camps and Goalie Academy, City of San Jose, Kirk Park, their employees, officers, administrators, agents, representatives, students, affiliates, successors and assigns from all other claims, actions, cause of actions, suits, judgments, and demands. I acknowledge and I have read and understood this form and that the terms herein are contractual and are not a mere recital.

Signature of Parent/Guardian: _____ **Date:** _____

2009 *STICK WITH IT!*TM

Lacrosse Camps and Goalie Academy

San Jose

Participation Health History Form

You will not be able to participate without submission of the Medical Release and Health History Forms.

NAME: _____ BIRTHDATE: _____
 ADDRESS: _____ PHONE: _____

Please respond to the following bullets by circling yes or no.
 Do you have now or have you had in the past, problems with: If yes, please explain

- | | | |
|--|-----|----|
| • Headaches-needing treatment | YES | NO |
| • Heart | YES | NO |
| • Breathing (Asthma) | YES | NO |
| • Abdominal Pain | YES | NO |
| • Epilepsy | YES | NO |
| • Eyes (Except eyeglasses) | YES | NO |
| • Hearing or Ears | YES | NO |
| • Diabetes | YES | NO |
| • High Blood Pressure | YES | NO |
| • Allergies | YES | NO |
| • Sickle Cell Anemia or Trait | YES | NO |
| • Broken Bones | YES | NO |
| • Concussion | YES | NO |
| • Spine or Neck Injury | YES | NO |
| • Kidney Disorders | YES | NO |
| • Loss of Consciousness | YES | NO |
| • Any Injury that Required Hospitalization | YES | NO |

The foregoing information is accurate to the best of my knowledge. I am aware that inaccuracies or omissions may jeopardize my child/ward's health.

Signature of Parent/Guardian: _____ Date: _____

Emergency Contact and Insurance Information

Person to contact in an emergency _____

Relationship: _____ Phone: _____

Medical Insurance Company/Plan: _____

Phone: _____ ID Subscriber: _____

Policy#: _____

Address where claims should be mailed: _____

Is this Insurance Company an **HMO** or **PPO**?

YOU MUST ATTACH A COPY OF YOUR INSURANCE IDENTIFICATION CARD.

Copy of Participant's Insurance Card

FRONT OF INSURANCE CARD

Copy of Participant's Insurance Card

BACK OF INSURANCE CARD